

This toolkit, **“Preparing for the Flu: A Toolkit for NM Schools”** provides basic information and resources to help school administrators implement recommendations from NM’s [Recommendations for School \(K-12\) Responses to Influenza during the 2009-2010 School Year.](#)

[Preparing for the flu: A Toolkit for NM Schools \(Grades K-12\)](#) includes:

- 3 Fact Sheets to Inform Schools, Teachers, and Nurses
 - [Action Steps for NM Schools to Prevent the Spread of Flu](#)
 - [Action Steps for NM Teachers to Prevent the Spread of Flu](#)
 - [Rigorous Hand Hygiene Programs](#)
- 4 Fact Sheets to Inform Parents
 - [Action Steps for Parents to Protect Your Child and Family from the Flu this School Year](#)
 - [Action Steps for Parents if School is Dismissed or Children are Sick and Must Stay Home](#)
 - [Action Steps for Parents of Children at High Risk for Flu Complications](#)
 - [Talking to Children About Swine Flu \(H1N1\): A Parent Resource \(Helps Parents Stay Calm and Reassuring\)](#)
- Posters for schools about flu prevention
 - Poster 1 [Germ Stopper](#) [Germ Stopper \(Spanish\)](#)
 - Poster 2 [Cover Your Cough](#) [Cover Your Cough \(Spanish\)](#)
 - Poster 3 [When to Wash Hands](#) [When to Wash Hands \(Spanish\)](#)
 - Poster 4 [How to Wash Hands](#) [How to Wash Hands \(Spanish\)](#)
- Template Letter (or E-mail) for Schools to Send to Parents
 - [Steps the School is Taking During Current Flu Conditions](#)

Important Links for more information:

CDC Guidance: <http://www.flu.gov/plan/school/schoolguidance.html>
CDC Technical Report: <http://www.flu.gov/plan/school/k12techreport.html>
CDC Questions and Answers about Guidance: <http://www.cdc.gov/h1n1flu/schools/toolkit/pdf/questions.pdf>
CDC Communication Toolkit: <http://www.cdc.gov/h1n1flu/schools/toolkit/>
More Posters for Schools about Flu Prevention <http://www.flu.gov/plan/school/posters.html>

CDC and US Health and Human Services

<http://www.cdc.gov/h1n1flu/>
<http://www.flu.gov>

NM DOH

http://www.health.state.nm.us/FLU/seasonal/swine_flu.html

NM PED <http://www.sde.state.nm.us/press/2009/h1n1/index.html>